## **ORAC Immunity Booster**

ORAC is Oxygen Radical Absorbance Capacity. Higher ORAC, Better will be oxygen carrying capacity of blood & Lungs oxygen capacity.

In the Future, our survival will be based on our Immunity

Why spices are important for our Life? Look at their ORAC Values....

Clove : 314,446 ORAC
Cinnamon267,537 ORAC
Coffee : 243000 ORAC
Turmeric : 102,700 ORAC
Cocoa : 80,933 ORAC
Cumin : 76,800 ORAC
Parsley : 74,349 ORAC
Tulsi : 67,553 ORAC
Thyme : 27,426 ORAC
Ginger : 28,811 ORAC

Extracts of Ginger, Tulsi, Turmeric are at least 10 Times higher ORAC Values. That's how they become effective.

OXYGEN CARRYING CAPACITY OF THE BLOOD CAN BE ENHANCED USING NATURAL FRUITS, VEGETABLES, SPICES, HERBS ....THAT HAVE HIGH ORAC VALUE!

OXYGEN RADICAL ABSORBANCE CAPACITY

PREVENTS: CANCERS, NEURO - DEGENERATIVE DISORDERS, DIABETES:, & SO MANY CHRONIC CONDITIONS

Nature boosts immunity ...

High ORAC foods and Nutrients such as Iron, Vitamin C, Zinc, Omega 3, Magnesium and Vitamin D helps boost our body's defence mechanism.

Apart from Tulsi, Ginger, Pepper, Turmeric, Cinnamon, Clove; Herbs like Brahmi, Ashwagandha, Shatavari, Mulethi, Arjunarishtam, Peppermint, coriander seeds, cumin black seeds are catching attention of scientists.

So, this is more than any Vaccine one need for Self immunity and Without any Side effects.

Since 80% of Corona positive patients had no symptoms at all, leaves uncertainty for all of us! Testing 130 crore population is next to impossible. Even if we test daily 100000 people, we will need over 35 years to just test!

This suggests our future is our immunity just like intel inside in computers, we have to inbuilt immunity inside!